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| --- | --- | --- | --- | --- |
| **Actividad** | **Intervalo de referencia en dB** | **Tiempo de exposición al día recomendado (0MS)** | **Tiempo de exposición a la semana recomendado** | **Referencia** |
| **Instrumentos musicales** | 90-135 | 150min-1seg  (2.5h-1seg) | 1050min-7seg  (17.5h-7seg) | MCR, 1986; Salamivalli, 1990; Drake-Lee, 1992F. (cp Zenker, M. P. Altahona y J. J. Barajas) |
| **Sitios de diversión** | 84-125 | 480min-3seg  (8h-3seg) | 3360min-21seg  (56h-21seg) | Fearn, 1972; Ulrich et al, 1974; Axelsson et al, 1981a; MRC, 1986; Salmivalli, 1990; Göthe, 1992 (cp Zenker, M. P. Altahona y J. J. Barajas) |
| **Eventos deportivos** | 70-112 | Sin límite-30s | Sin límite-3.5min | Axelsson et al, 1981a; Clark, 1991(cp Zenker, M. P. Altahona y J. J. Barajas) |
| **Eventos artísticos** | 84-125 | 480min-3seg  (8h-3seg) | 3360min-21seg  (56h-21seg) | Fearn, 1972; Ulrich et al, 1974; Axelsson et al, 1981a; MRC, 1986; Salmivalli, 1990; Göthe, 1992 (cp Zenker, M. P. Altahona y J. J. Barajas) |
| **Afición a la música** | 85-120 | 480min -6seg  (8h-6seg | 3360min-48seg  (56h-48seg) | Axelsson et al, 1981a; Salmivalli, 1990 (cp Zenker, M. P. Altahona y J. J. Barajas) |

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|  | **Frecuencia** | **Porcentaje** |
| Terapia Física | 56 | 26 |
| Terapia Ocupacional | 52 | 24 |
| Prehospitalaria | 61 | 28 |
| Fonoaudiología | 46 | 22 |
| TOTAL | 215 | 100 |











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|  | |  | | | | | | **Frecuencia** | **Porcentaje** |
| **Discotecas** | **Conciertos** | **Cines** | **Karaokes** | **Otros** | **Ninguno** |  |  |
|  | Una hora | 25 | 3 | 20 | 1 | 2 | 1 | 50 | 23,26% |
| Dos horas | 36 | 6 | 28 | 0 | 0 | 0 | 70 | 32,56% |
| Cuatro horas | 34 | 4 | 3 | 0 | 2 | 0 | 43 | 20,00% |
| Seis horas | 12 | 1 | 0 | 0 | 0 | 0 | 13 | 6,05% |
| No acude a sitios de diversión | 0 | 0 | 0 | 0 | 0 | 37 | 39 | 18,14% |
| **Total** | | 107 | 14 | 51 | 1 | 4 | 38 | 215 | 100,00% |

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|  | | |  | | | | | | | | | | | | **Frecuencia** | | **Porcentaje** | | | |
| **Partidos de Fútbol** | | **Bailoterapia** | | **Pistas de carreras** | | **Campos de paintball** | | **Otros** | | **Ningunos** | |  | |  | |
|  | | Una hora | | 25 | | 7 | | 1 | | 2 | | 4 | | 0 | | 39 | | 18,14% | |
|  | Dos horas | | 37 | | 5 | | 2 | | 0 | | 4 | | 0 | | 48 | | 22,33% | |
| Cuatro horas | | 14 | | 1 | | 2 | | 1 | | 3 | | 0 | | 21 | | 9,77% | |
| Seis horas | | 7 | | 0 | | 2 | | 0 | | 3 | | 0 | | 12 | | 5,58% | |
| Más de seis horas | | 1 | | 0 | | 0 | | 0 | | 0 | | 0 | | 1 | | 0,47% | |
| No acude a sitios deportivos | | 0 | | 0 | | 0 | | 0 | | 0 | | 94 | | 94 | | 43,72% | |
| **Total** | | | 84 | | 13 | | 7 | | 3 | | 14 | | 94 | | 215 | | 100,00% | |

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|  | |  | | | | | | **Frecuencia** | **Porcentaje** |
| **Con banda** | **Con orquesta** | **Con parlantes** | **Discomóvil** | **Otros** | **Ninguno** |
| |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | | | | | | | | | | |  | | **Escucha con auriculares a volumen alto** | **Escucha sin auriculares a volumen alto** | **Escucha en sitios abiertos con volumen alto** | **Escucha en sitios cerrados con volumen alto** | **Otros** | **Ninguno** | **Frecuencia** | **Porcentaje** | |  | Una hora | 11 | 4 | 2 | 3 | 0 | 0 | 20 | 9,39% | | Dos horas | 18 | 14 | 10 | 7 | 1 | 0 | 49 | 23,00% | | Cuatro Horas | 42 | 19 | 6 | 5 | 1 | 0 | 73 | 34,27% | | Seis horas | 34 | 7 | 0 | 3 | 0 | 0 | 43 | 20,19% | | Más de seis horas | 14 | 4 | 0 | 1 | 0 | 0 | 19 | 8,92% | |  | No escucha música | 0 | 0 | 0 | 0 | 0 | 9 | 9 | 4,23% | | Total | | 119 | 48 | 18 | 19 | 2 | 9 | 213 | 100,00% | | Una Hora | 10 | 1 | 20 | 11 | 1 | 0 | 43 | 20,00% |
| Dos horas | 14 | 1 | 11 | 10 | 2 | 0 | 38 | 17,67% |
| Cuatro horas | 12 | 5 | 7 | 8 | 0 | 0 | 32 | 14,88% |
| Seis horas | 6 | 2 | 6 | 6 | 0 | 0 | 20 | 9,30% |
| Más de seis horas | 0 | 0 | 1 | 1 | 0 | 0 | 2 | 0,93% |
|  | No asiste a eventos artísticos | 0 | 0 | 0 | 0 | 0 | 80 | 80 | 37,21% |
| **Total** | | 42 | 9 | 45 | 36 | 3 | 80 | 215 | 100,00% |

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| --- | --- | --- | --- | --- | --- |
|  | **1 hora** | **2 horas** | **4 horas** | **6 horas** | **Más de 6 horas** |
| Instrumentos musicales |  |  |  |  |  |
| Eventos deportivos |  |  |  |  |  |
| Eventos Artísticos |  |  |  |  |  |
| Sitios de diversión |  |  |  |  |  |
| Afición a la música |  |  |  |  |  |

